



# RIVERSIDE COUNTY PROBATION DEPARTMENT

Serving Courts • Protecting Our Community • Changing Lives



**Course Title: (Class 18.4: Behavioral Health: Stigma and Bias)**

**Hours of Instruction: 1**

**Course Objectives:**

- 18.4.1 Recognize the stigma regarding the misconceptions around Mental Health / Behavioral Issues (MHBI). (MCT)
- 18.4.2 Identify the factors that influence the stigma and bias we carry. (MCT)
- 18.4.3 Recognize who is impacted by bias and/or stigma to comprehend the potential consequences of stereotyping. (MCT)
- 18.4.4 Recognize the myths about the causes of Mental Health / Behavioral Health Issues (MHBI). (MCT)
- 18.4.5 Identify the consequences of various forms of bias. (MCT)
- 18.4.6 Identify what actions (informal/formal) should be taken when recognizing the elements of stigma in a professional environment. (MCT)

**\*\* Riverside County hires an external instructor to teach this class; therefore, the material is not available for review as it is not property of the Riverside County Probation Department. \*\***